



CLIFF'S NOTES:



CLIFF KNOWS SPRINGTIME

What Should I Wear Today?

Now that the weather is starting to warm up, most of us are struggling to figure out what we should wear to school. Do we need a coat or will a hoodie be enough keep a chill away? Is it okay to wear shorts or should we keep the pants out a few more weeks? Before your child begins to ponder what they're going to wear for the day, encourage them to dress in layers so as the day warms up, their able remain comfortable indoors and out.



Take a moment to talk to your kids about our school dress code and why it's important to follow it. Ask them if they know when they can start wearing shorts/skirts and what length have to be!



Don't Burst My Bubble!

As the temperature begins to rise, so does the tendency for children to forget about respecting appropriate physical boundaries during recess and after school. Understanding and keeping good personal space will help children to engage more successfully in everyday interactions and in personal relationships with their friends as well as helping them to stay safe. Modeling good personal space with your child is an important first step in teaching them to use it and respect it.

It is important for us to respect other's personal space, even if it is much different than our own. We can do this by:

- Letting kids know when we need to get into their personal space
- Asking kids if we can get into their personal space and explaining why
- Acknowledging kids personal space boundaries
- Letting kids hear and see you doing this with other kids and adults
- Reminding kids that hugging and kissing classmates on school grounds is not allowed

Spring has Sprung!

The 2018-19 school year is quickly drawing to a close. Before we know it, June 26th will be here but until that happens, here are a few tips to help keep your kids focused, healthy, and on task!

- Consistently log into PupilPath to review their progress and read messages from his/her teacher
- Talk with them about what they are learning at school
- Show your enthusiasm about what they are learning! Get them to play a game of "school" where they're the teacher and you're the student!
- Keep a set bedtime
- Pack them healthy lunches and snacks!

